



# DECLUTTER YOUR CLOSET... *and quietly gain space AND control!!*

*You DON'T wear everything in your closet – the average American uses 20% of their closet. In fact, post pandemic, the average person wears the same 7 pieces of clothing in at least 40% of their outfits! You have favorites. You have sentimental stuff. You have I-paid-too-much-to-throw-it-away items. You have I'm-gonna-wear-it-soon-for-sure crap. 75 awesome items that look great and make you feel good are better than hundreds of items you make excuses for every time you don't wear!*



**SIMPLIFY YOUR LIFE**

**CLOSET CONFIDENTIAL**

// DECLUTTER YOUR CLOSET



### To Get Started...

- You need to **organize first!** First separate Fall/Winter from Spring/Summer and focus on the current season. ...
- **Know your space:** closets, drawers, bins, shelving, hooks, etc.
- **Have supplies:** **shoe boxes**, masking tape, large marker, large trash bags or disposal bins, a little alcohol won't hurt either....
- **Make time:** having worked in over 300 closets, give yourself at least four hours!! Maybe more if friends are "assisting"...

### 10 Steps To Gain Control of Your Closet...

- FIRST:** remove anything with visible holes, yellowing or other unnatural coloring, and excessive pilling – unless it can be removed with a **fabric shaver**. These items go into the "Trash" bags
- Place any item that is MORE than two sizes too big or small into the "Takeaway" bag so they can be donated or consigned. From a tailoring perspective, you're no longer tailoring, you're reconstructing!
- Discard any jewelry or objects that are tarnished (i.e., not the original color as when purchased)
- Shoes whose heel coverings no longer exist, or have been peeled back beyond repair go into the "Trash" bags
- Toss any non-leather/vegan handbags, shoes or belts that have cracks into the "Trash" bags
- Anything that used to be white but is now off-white, ecru or light tan goes into the "Trash" bags
- Gather all collared shirts where the neck is darker than the rest of the shirt and donate them
- If seeing a piece of clothing creates an uncontrollable flashback to the 70s or 80s then gingerly chuck it into the "Takeaway" bag to be donated
- Put any item that doesn't make you feel fabulous or adds weight to your frame into the "Takeaway" bag [breathe– use a paper bag if needed or sip your drink]
- LAST:** if you've skipped over an item at least 3 or 4 times in the last 12 months, let it be someone else's problem item. Put it in the "Takeaway" bags!!



**All That's Left Is  
The Good Stuff!**