



Use this downloadable guide as a starting point to pack light and still look right! A few considerations to remember.

- The weather/time of year at your destination (look at 10-day forecast but also monthly averages so you can anticipate possible fluctuations)
- The length of the trip
- Travel itinerary (i.e., business dinners, wedding, date nights, touring, etc.)
- Focus of the trip (business and/or pleasure)
- Who is traveling with you

DON'T FORGET YOUR...

- **Travel Uniform** (created using the items noted below): Dark comfy pants, light top, colorful layer, comfy walking shoes, scarf, and compression socks [for flights 6+ hours]
- **Tech Bag** (in your personal item): I recommend this one but just remember to include an adapter too!
- **Beauty Bag** (in your carry-on): remember 3.4oz (100ml) per container and it should fit into a quart-size baggie **ESPECIALLY** if you are traveling to/through London (they are **EXTREMELY STRICT AND TO THE LETTER!**)



Must Haves

Here's your 7-Day Wardrobe Itinerary! This works for any time of year, even shoulder seasons.

As part of these items, you should have (1) something metallic, (2) at least two prints, and (3) everything should be coordinated in one color palette (i.e., oranges, reds, navy, grey, creams, white, etc.) to allow for mixing and matching of pieces.

- 1 Simple, chic dress (fancier) & 1 Jacket/Blazer
- 2 Casual dresses (throw-n-go)
- 3 Shoes: Walking shoes (daytime), Chic flats (anywhere), Dressier shoes (evenings/outings)
- 4 Bottoms
- 5 Tops
- Small Essentials: Bodysuit, Swimsuit, Underwear, Nightclothes





Key Items To Own

And to get you started, here are some essentials with direct links!

1. [Travel containers](#) - customizable, magnetic, leakproof, nearly indestructible, sustainably-made containers!
2. [Tech travel organizer](#) - perfection for the little bits and pieces of technology
3. [Travel tracker](#) - a few options and I use this one
4. [Travel belt](#) - this is what keeps everything in place as you move through the airport and around the world
5. [Travel utility pants](#) - insanely comfortable, stylish, and functional!
6. Other fun but essential options to consider: [backpack](#), [carry-all](#), [carry-on](#), [cables/chargers pouch](#),
7. [Travel candle](#) - the power of scent is real and this one will make any hotel room feel just like home!
8. [Knit blazer](#) - everyone needs an extra and we prefer something comfy that dresses up easily too

